



Registration or account questions:

Registrar: Sue Peri

registrar@DavisAquaMonsters.org

Group or swimming questions:

Director: Koren Motekaitis

directors@DavisAquaMonsters.org

WINTER PRACTICE SCHEDULE Dec 2nd - Jan 31st

GET FIT SPORT

Non members pay \$20/monthly GFS club fee in addition to session fee. .

GROUPS	TIMES	DAYS	Check	Credit	DATES
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Minimum of 10 swimmers in each group to run the session

WHITE

8-12 year olds	4:00-5:00 pm	MWF	\$170	\$179	
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RED

	4:00 - 5:30pm	MWF	\$195	\$205	
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previous RED group experience or by directors approval

Schaal (UC Davis)

You must pay to park or have a UCD parking permit or you MAY be ticketed! Follow UC Davis signs in regards to parking.

GROUPS	TIMES	DAYS	FEES	DATES
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Minimum of 10 swimmers in each group to run the session

WHITE

8-10 year olds	6:15-7:15pm (12/2) 6-7pm (1/6)	MWF	\$170	\$179
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11-15 year olds	7:15-8:15pm(12/2) 7-8pm (1/6)	MWF	\$170	\$179
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RED

	6:30-8:00pm	MWF	\$195	\$205	12/2-12/20
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	6:30-8pm	MWF			1/6-1/31
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previous RED group experience or by directors approval

BLACK

	6:15-8:15 pm	MWF	\$300	\$315	12/2-12/20
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	6-8 pm	MWF			1/6-1/31
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	4:30-6:30 pm	TTh			Dec-Jan
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previous BLACK group experience or by directors approval

HIGH SCHOOL	6:15-8:15 pm	MWF	\$320	\$336	12/2-12/20
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	6-8 pm	MWF			1/6-1/31
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	4:30-6:30 pm	TTh			Dec-Jan
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13 & over AM practices @ Hickey

AM additional	5:30 - 7:00 am	MTh			TBD
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Swimmers must sign up with current swim group unless approved by Director Koren Motekaitis. New swimmers email Director Koren Motekaitis with information about **your child's swimming background and age**. An evaluation may be scheduled to properly place your child with the appropriate swim group.



Davis AquaMonsters
PO Box 788
Davis, CA 95617-0788

PRACTICES & GROUPS

No Practice on:

For WHITE and RED groups from DEC 2rd-JAN 3rd

No practice on Jan 20th

WHICH GROUP TO SIGN UP FOR:

First pick the site that suites your needs. As swimmers advance there are fewer choices in terms of times and locations. When starting out with the team there are many choices that can work with your family's schedule.

Your child's age on the first day of the session is how we usually determine group placement. For instance your child is 7 on the first day of FallSession but turns 8 on Sept15th. Sign your child up for the 7 & unders session. There are great benefits to staying in our 7&u group - better swimmer: coach ratio, more teaching and skill development focused, more age appropriate fun.

White Group: This is for our swimmers looking to develop their swimming skills and improve fitness with age appropriate fun. Swimmers in this group can be seasonal swimmers or those who like to practice on a year round basis.

Red Group: This is a training group for swimmers who swim on a year round basis and our preparing for the competitive season. The focus of this group is on stroke technique, interval training and race development. Red group placement is by director approval. Swimmers currently in a RED group remain in this group.

Black Group: This is a training group with emphasis on stroke technique, interval training and race development at a more intense level than the Red Group. Swimmers are required to have their own specific training gear - fins, etc. The coach will determine the training gear needed for each swimmer in this group. Black group placement is by director approval

High School Group: This group is for our swimmers who swim in high school. Again there is the focus on stroke technique with an increase of training needs for this age group along with proper race preparation for each swimmer. As with many of our groups we have multi-sport athletes so training may be tailored to help in those areas. Swimmers will be required to have their own specific training gear - fins, etc. The coach will determine the training gear needed for each swimmer in this group.

Our goal is to meet each swimmer where they are and help them improve. This is best done with: 1) adequate space, 2) teammates of similar experience and 3) an environment where the swimmer feels comfortable with the given practices. If you have questions regarding group assignments, please contact **Koren Motekaitis at directors@davisaquamonsters.org** to answer your questions.

Our coaching philosophy is that **Every Monster Matters and Talent is Created, Not Born**. If your child starts out in the White group that will not prohibit your child from becoming a Black group swimmer one day. Instead it will give the swimmer and coach the opportunity to teach and develop the skills necessary for your child to really flourish in our sport.



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PO Box 788
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www.DavisAquaMonsters.org

HOW TO REGISTER

HOW TO REGISTER

- 1) Choose your practice location and time.
- 2) Go online to **www.davisaquamonsters.org**
- 3) Click **Register** and then **Online Registration** and follow instructions.
- 4) SUBMIT **PAYMENT** for session fee (for new AQM members) pro-rated Annual Registration fee (\$25)

Submit Payment: by CREDIT CARD, or by CHECK by mailing to:
Davis AquaMonsters | PO Box 788 | Davis, CA 95617-0788.

Payments must be received within 5 business days of online registration. *If after 5 business days, payment is not received at the PO Box, the credit card on file will be used by the registrar to make the credit card payment.* The card information that you entered into the club assistant when registering will not automatically charge for your session registration. It needs to be inputted manually by the registrar, Sue Peri.

CHECK/CREDIT CARD payment options - For those who wish to pay via credit card, the convenience fee is included in the session total under CREDIT CARD. **Session fees must be submitted prior to the start of a session.** If time does not allow for the mail, you will need to submit payment through the AQM online credit card prior to the start of session.

We urge early registration for all sessions/clinics. This enables us to properly staff the groups. If enrollment is low, we reserve the right to cancel the session/clinic. Coaches will be assigned groups after we receive registration.

We do NOT send confirmations. You can check your account registration online. We only notify you if we CANCEL a session.

Trial period for new swimmers: In order to participate in the one week (approx. 3 consecutive practices) trial period, all fees must be paid & registration completed prior to the trial. If either party is not satisfied, the Davis AquaMonsters will refund the full session payment.

Pro-rates/refunds: To ensure the lowest possible fees for ALL AQM we do not offer pro-rates nor refunds. Refunds are only available to trial period new swimmers.

Third swimmer discount: 50% off lowest swim session fees & GFSfee (annual registration fee excluded from this discount).

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Group placement or swimming questions:

Director Koren Motekaitis
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Every Monster Matters